

The Tribal Law and Policy Institute

Family-Focused Approach: Engaging Child Welfare and Social Services



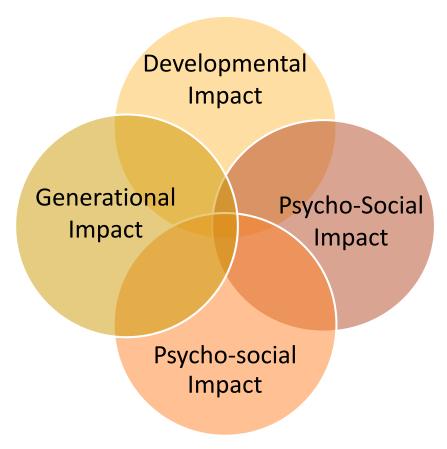
Healing to Wellness Court Refresher Training February 27, 2019

# Thanks to Children and Family Futures



TRANSITIONING TO A FAMILY CENTERED APPROACH: Best Practices and Lessons Learned from Three Adult Drug Courts





Parental Substance use affects the whole family

#### Family Recovery





Impact of Parental Substance Use Disorders on Children

- Prenatal Exposure
- Trauma
- Separation and Attachment Issues

### Prenatal Exposure

- Executive functioning problems, inability to self-regulate and to generalize across situations
- Gross and fine motor delays
- Attention problems
- Memory difficulties
- Attachment disorders
- Communication
- Social/Emotional

#### Postnatal Environment

- Severe, inconsistent or inappropriate discipline
- Neglect of basic needs: food, shelter, clothing, medical care, education and supervision
- Situations that jeopardize the child's safety and health (e.g. drug manufacturing and trafficking)
- Trauma
- Disruption of parent/child relationship, child's sense of trust and belonging
- Chronic trauma of childhood

#### Childhood Trauma

- Trauma disrupts all aspects of normal development, especially during infancy and early childhood, including:
  - Brain development
  - Cognitive growth and learning
  - Emotional self-regulation
  - Attachment to caregivers and social-emotional development
  - Predisposition to psychiatric difficulties



#### Children of Parents with Substance Use Disorders

- Kindergarteners not ready for school
- Increased special education caseloads
- Disproportionate representation in foster care; less likely to reunify
- Increased juvenile justice caseloads
- Increased residential treatment program needs
- Increased likelihood to develop a substance use disorder



# Needs of children

Parents' recovery

#### Shifting from "Participant-Focused" to "Family-Focused"

- Strategy One: Ensure strong judicial and coordinator leadership
- Strategy Two: Engage cross-system partners to revise court mission, vision, and protocols

### Collaboration and Communication

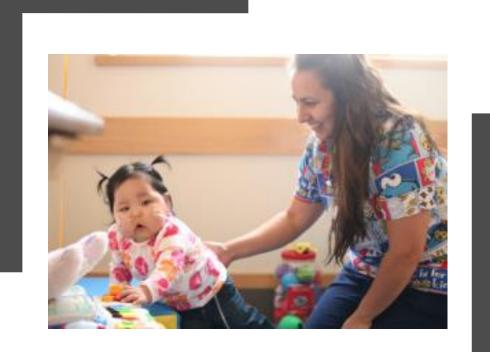
- Strategy Three: Develop community partnerships to expand comprehensive services to meet the needs of the entire family
- Strategy Four: Ensure strong communication and information sharing for effective coordinated service delivery to participants and their children and families



#### Staff Development and Training

 Strategy Five: Develop cross-system training to ensure that partners understand the needs of parents, children, and families affected by substance use disorders

# Screening, Assessment, and Needs of Parents, Children, and Families



- Strategy Six: Conduct screening and assessment to identify the needs of parents, children, and families, and refer them to appropriate services
- Strategy Seven: Provide evidence-based services to children and parents
- Strategy Eight: Implement responses to behaviors that are sensitive to the needs of parents and families

## Numbers

- Ask clients if they have other children
- Ask about other family relationships, such as non-custodial parents (identity, location and quality of relationship)
- Ask questions about **family status** at intakes
- Strategize on how to get entire family into treatment to assist in identification of parental drug use and facilitate treatment
- Ensure that **court information systems** including tracking of family members

#### Needs

Are child's medical, developmental, behavioral, and emotional needs assessed?

How will your Court ask clients if their children have received appropriate screenings and assessments

Has the child and family been assessed for trauma? Relationship issues?

Did the child receive appropriate interventions or services for the identified needs?

Do the parents have an understanding of the child's identified needs? Are they able to cope with the child's needs?

Does the family have access to long-term supportive services?

## Networks

- Do you refer and follow-up to tribal or outside agencies with children's services?
- Are child and family-serving agencies on your collaborative team?
- Are you mobilizing and linking to new resources from other agencies that already serve children and families?
- Remember you do not have to divert resources from treating parents to help their children

#### Family-Centered Performance Measures

| Domain  | Performance Measure                          | Description  |
|---|--|--|
| Child Welfare                                 | C1. Occurrence/Recurrence of<br>Maltreatment | The percentage of children who experience maltreatment after ADC entry       |
|   | C2. Children Remain at Home                  | The percentage of children who are in the custody of a parent/caregiver at   |
|   |  | ADC entry who remain in the custody a parent/caregiver through ADC case      |
|   |  | closure  |
|   | C3. Length of Stay in Out of Home            | The average length of stay in out of home care from date of most recent      |
|   | Care   | entry to date of discharge   |
|   | C4. Timeliness of Reunification and          | Percentage of children placed in out-of-home care who attained a)            |
|   | Permanency                                   | reunification b) a finalized adoption or c) legal guardianship within 6, 12, |
|   |  | 18, and 24 months from removal   |
|   | C5. Re-entry to Out of Home Care             | The percentage of children who re-enter out of home care after               |
|   |  | reunification  |
|   | C6. Prevention of Substance                  | Percentage of pregnant women who had a substance exposed infant after        |
|   | Exposed Infants                              | ADC entry  |
| SUD<br>Treatment                              | A1. Access to Treatment                      | The average number of days from SUD treatment referral to SUD                |
|   |  | treatment entry  |
|   | A2. Retention in Treatment                   | The percentage of parents who successfully complete SUD treatment            |
|   | A3. Length of Stay in Treatment              | The average number of days from SUD treatment entry to treatment             |
|   |  | discharge  |
| EB Parenting<br>EB Children's<br>Intervention | EB-A1. Connection to EB Parenting            | Of the number of parents referred to evidence-based parenting, the           |
|   |  | percentage who begin services  |
|   | EB-A2. Completion of EB Parenting            | Of the number of parents who begin evidence-based parenting, the             |
|   |  | percentage that complete the program   |
|   | EB-C1. Connection to EB Children's           | Of the number of children referred to evidence-based therapeutic services,   |
|   | Service                                      | the percentage who begin services  |
|   | EB-C2. Completion of EB Children's           | Of the number of children who begin evidence-based therapeutic services,     |
|   | Service                                      | the percentage that complete services  |